

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 28 February 21 March 25 April 16 May 13 June 4 July	Option 1	Tomato & Vegetable Pasta	Jerk Chicken with Rice	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chinese Chicken Curry with Rice	Breaded Fish with Chips & Tomato Sauce
	Option 2	Spanish Omelette with New Potatoes	BBQ Quorn Fillet with Rice	Vegetable Wellington with Roast Potatoes & Gravy	Sweet & Sour Noodles	Vegan Mexican Roll with Chips & Tomato Sauce
	Option 3	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna
	Vegetables	Cucumber Rainbow Slaw	Sweetcorn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans
	Dessert	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie	Peaches & Ice Cream
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two 7 March 28 March 2 May 23 May 20 June 11 July	Option 1	Macaroni Cheese	Spaghetti Bolognese	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chef James Chicken Jollof Rice	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option 2	Vegetable Curry with 50/50 Rice	Vegan Spaghetti Bolognese	Roast Quorn, Roast Potatoes, Stuffing, & Gravy	Vegan Burger in a Bun with Wedges & Tomato Sauce	Cheese & Bean Pasty with Chips
	Option 3	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna
	Vegetables	Sweetcorn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Apple & Berry Crumble with Ice Cream	Lemon Drizzle Cake	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce	Apple, Cheese & Crackers
Or a choice of Yoghurt & Fresh Fruit available daily						

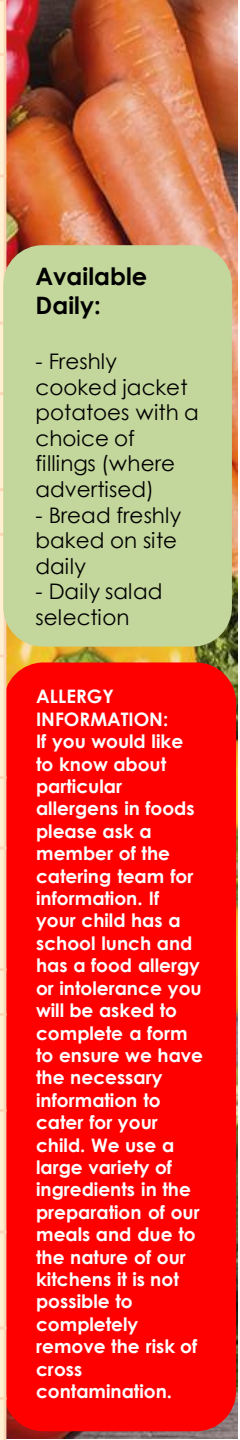
Week Three 14 March 4 April 9 May 6 June 27 June 18 July	Option 1	Falafel with Lemon & Herb Couscous	Chicken Fajitas with Rice	Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips & Tomato Sauce
	Option 2	Cheese & Tomato Pizza	Vegetable Enchiladas with Rice	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges	Cheese & Red Pepper Frittata with Chips
	Option 3	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna
	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweetcorn	Carrot Broccoli	Sweetcorn Tomato Salsa	Peas Baked Beans
	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard	Chocolate Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Option 1	Tomato Pasta #V160 #SD11	Jerk Chicken with Rice #C17 #SD84	Roast Chicken, Roast Potatoes, Stuffing & Gravy #C5 #SD7/ #SD82 #SD40 #SD107	Chinese Chicken Curry with Rice #C46 #SD84	Breaded Fish with Chips & Tomato Sauce #F7 #SD5 #SD14
	Option 2	Spanish Omelette with New Potatoes #V9 #SD2	BBQ Quorn Fillet with Rice #V205 #SD84	Vegetable Wellington with Roast Potatoes & Gravy #V12 #SD7 #SD82 #SD107	Sweet & Sour Noodles #V206	Vegan Mexican Roll with Chips & Tomato Sauce #V161 #SD5
	Vegetables	Cucumber #SD30 Rainbow Slaw #SD92	Sweetcorn #SD19 Mixed Peppers #SD26	Cabbage #SD35 Broccoli #SD20	Green Beans #SD24 Carrots #SD28	Peas #SD18 Baked Beans #SD22
	Dessert	Carrot & Courgette Cake with Custard #D174 #D2	Apple & Raisin Flapjack #D6	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie #D195	Peaches & Ice Cream #D166 #D13
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Two	Option 1	Macaroni Cheese #V11	Spaghetti Bolognese #B37 #SD8	Roast Chicken, Roast Potatoes, Stuffing & Gravy #C5 #SD7/ #SD82 #SD40 #SD107	Chef James Chicken Jollof Rice #C84	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce #F6/F1 #SD5 #SD14
	Option 2	Vegetable Curry with Rice #V108 #SD84	Vegan Spaghetti Bolognese #V169 #SD8	Roast Quorn, Roast Potatoes, Stuffing, & Gravy #V204 #SD7/ #SD82 #SD40 #SD107	Vegan Burger in a Bun with Wedges & Tomato Sauce #V164 #SD17 #SD6 #SD14	Cheese & Bean Pasty with Chips #V191 #SD5
	Vegetables	Sweetcorn #SD19 Cauliflower #SD27	Mixed Peppers #SD26 Green Beans #SD24	Carrots #SD28 Peas #SD18	Broccoli #SD20 Sweetcorn #SD19	Peas #SD18 Baked Beans #SD22
	Dessert	Apple & Berry Crumble with Ice Cream #D74 #D13	Lemon Drizzle Cake #D168	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce #D169 #D3	Apple, Cheese & Crackers #D4
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Three	Option 1	Falafel with Lemon & Herb Couscous #V178 #SD73	Chicken Fajitas with Rice #C85	Roast Turkey, Roast Potatoes & Gravy #T1 #SD7/SD82 #SD107	Pork Sausage Hot Dog with Potato Wedges #P3 #SD33 #SD6	Fish in Batter with Chips & Tomato Sauce #F3 #SD5 #SD14
	Option 2	Cheese & Tomato Pizza #V203	Vegetable Enchiladas with Rice #V20	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy #V135 #SD7/#SD82 #SD107	Vegan Sausage Hot Dog with Potato Wedges #V182 #SD33 #SD6	Cheese & Red Pepper Frittata with Chips & Tomato Sauce #V24 #SD5
	Vegetables	Green Beans #SD24 Carrot & Beetroot Slaw #SD58	Coleslaw #SD47 Sweetcorn #SD19	Carrot #SD28 Broccoli #SD20	Sweetcorn #SD19 Tomato Salsa #SD56	Peas #SD18 Baked Beans #SD22
	Dessert	Lemon & Mixed Berry Cake #D183	Raspberry Jelly & Mandarins #D12	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard #D164 #D2	Chocolate Shortbread #D80
Or a choice of Yoghurt & Fresh Fruit available daily						



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